

"HELP ME FIGHT AND OTHER WATERBORNE CRYPTO ILLNESSES!"



 **Never swim if you
have diarrhea.**

 **Shower using soap before
going into the water.**

 **Always wash your hands before
eating and after using the toilet.**

**REMEMBER,
HEALTHY SWIMMING
IS NO ACCIDENT!**



IDAHO DEPARTMENT OF
HEALTH & WELFARE

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2-1-1™

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Public Health
Prevent. Promote. Protect.